

Today we are celebrating the Sacrament of the Anointing of the Sick. Paul's words powerfully speak to us. They particularly address the heart and soul of all who will be anointed. Paul writes: "Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God."

We are in need. Our requests are: Help us, God! Heal us! Give us strength, courage and hope. Transform our fear, worry and anguish. Melt away the discouragement, depression and despair we experience. We need you. Thank you for listening to our requests.

"Then the peace of God that surpasses all understanding will guard our hearts and minds in Christ Jesus."