

We just heard Jesus say: "Be watchful! Be alert!" Short. Simple. And to the point. Difficult to misunderstand.

Think of hunting. Hunters know to be watchful....to be alert. The success of the hunt depends upon this.

Take Christmas shopping. There are all kinds of sales, specials and bargains. Thrifty shoppers are always watchful and alert....reading newspapers, glancing at flyers, listening to the buzz of other shoppers talking.

Take driving. It is absolutely essential to be watchful and alert. This is for safety purposes and everyone's well-being.

As followers of Jesus, our challenge is to be mindful. Jesus encourages us to be watchful and alert to His presence with us.

If we use a cane or walker; if we struggle with our sense of balance; if we are going up and down stairs....Be watchful! Be alert! Not only for our physical well-being, but also for our spiritual companion who assists us.

If we are eating fish, grapes or cherries be alert before swallowing. There might be bones, seeds or pits. There definitely will be Christ our companion with us.

Today the GOOD NEWS is: We are not alone. We have a companion with us always....a divine Presence who is with us through our day.

My sisters and brothers: Jesus invites us to be watchful and to be alert! Let's accept his invitation beginning today, OK?