

Two weeks ago, Erik stated that he would send me an item via e-mail. So far, no e-mail.

We've all had experiences when someone says they will call, write, visit and then do not. They lack follow through.

Today's 1<sup>st</sup> reading and Gospel reflect this experience. In the Gospel, we hear what the brothers say. Then we note what they do. Actions speak louder than words.

Those who excel in sports have what is called "good follow through." Whether it is swinging a baseball bat, a golf club or a tennis racket; whether it is pitching, kicking or punting a football....follow through is vital.

We regularly celebrate Baptisms. At those times, we renew our own baptismal promises. We re-commit ourselves to live and practice our faith.

Coming to this Eucharist represents our "follow through." Some of us may have been tempted toward another choice. We had other opportunities; we have lots to do today; we're tired. Whatever! The fact is: we are here. We have followed through.

As we continue with this Eucharist, we are mindful how God always follows through and is faithful.

My sisters and brothers: This week pay attention to the times we make a promise or pledge to do something. See how often we follow through. At the end of our day it is something for which we can give God thanks.