

In Paul's letter to the Romans today, what we hear is: incredible, unbelievable, unimaginable. There are the 10 Commandments to honor. In addition at the time of Paul there were over 600 legal prescriptions for observant Jews. When Paul writes "the one who loves another has fulfilled the law," he is setting out a remarkable re-interpretation of the Jewish tradition. This passage of Paul's pre-dates the writing of the Gospels by a few decades.

What's the Good News? Loving another is the fulfillment of the law.

How might we do this?

If we gossip, stop! Spread stories that inspire, build-up and enhance another's good name.

If we are angry, turn off .....the thoughts that are feeding the anger. Think thoughts that will nourish peace, understanding and cooperation.

Are we impatient? Pause. Take some deep breaths. Count to 10 or 20 or 30. Smile. Laugh.

My sisters and brothers: Put into practice what Paul writes: "Do no evil to the neighbor....Love one another!"